

## PARENT CUE CARD OCTOBER 4

## WHAT YOU DO:

Write a note to your child on their mirror or a sticky note on their door saying, "Be brave by being truthful with your whole life." If they ask what you mean, talk to them about being true to who they are and not bending or changing to what their friends behaviors are like. For example, if you see someone not being kind, stand up for what is right.

## WHAT YOU SAY:

Integrity is choosing to be truthful in whatever you say and do. Remember to be truthful with your whole life, just like Daniel was with his.