

**KIDZ ROCK ONLINE**

**FEBRUARY 14**



***Cheer Each Other On***

**AT HOME ACTIVITIES**



## **TODAY'S HOPE IN THE FAMILY ACTIVITIES**

**HEY FAMILIES!**

**Ruth showed kindness to Naomi by choosing to stay with her and by heading out to the fields to gather grain so they would have food. Boaz showed kindness to Ruth by letting her gather all the grain she needed and by marrying her. Neither Ruth nor Boaz HAD to show kindness. But they both chose kindness, even though it wasn't the easy thing to do.**

**PRAY TOGETHER**

**"God, thank You for Your great big love for us. We know that no matter how many times we mess up, You ALWAYS choose to love and show kindness to us. This week, someone in our family WILL bug us and we WILL be tempted to do something to bug them right back. Help us to show Your kindness instead, even when it's the last thing we want to do. We love You. In Jesus' name we pray, amen."**



## **ACTIVITY 1: KINDNESS GOES DEEP**

### **WHAT YOU NEED**

Absorbent paper towels, permanent markers, washable markers, shallow tray or pan, and water

### **WHAT YOU DO**

- Give each kid a paper towel and guide them to fold it in half.
- Give each kid a permanent marker and instruct them to draw your family or their closest friends on the top of their paper towel.
- Monitor kids closely when using permanent markers.
- Their pictures should bleed through onto the inside of their paper towel.
- Then give kids WASHABLE markers to color the inside of their paper towel however they want.
- They can color the entire page or just color the parts of the drawings that bled through.

**NOTE:** It is very important to use permanent markers for the top drawing and washable markers for the inside coloring or this won't work properly.

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## ACTIVITY 1: KINDNESS GOES DEEP

### WHAT YOU DO (Continued)

- Once they have colored the inside of their paper towel, have kids fold it closed so you can only see the top picture of your family.
- Have the kids place their closed paper towel in the tray of water.
- Watch as the colors from the inside bleed through to the top picture.
- Ask kids to give examples of how they can specifically be kind to their friends and family.
  - Sometimes being kind means we stop talking when we aren't using kind words.
  - Sometimes kindness is going into another room and giving space when one family member is having a tough day.
  - Sometimes kindness is choosing to help a sibling with something even though they didn't share a toy with you earlier in the day.

### WHAT YOU SAY

“Wow! You guys are great artists! These pictures of your families are so good. Just like our colors spread to our top picture, our kindness can spread, especially to our family and those we live with. When we are kind to people at home, it tends to make everyone want to be kind and puts everyone in a better mood. Kindness spreads! Just like in our Bible story, Boaz saw that Ruth was kind to Naomi and it made him want to be kind to Ruth. This shows that you can and should be kind to your family and friends.”



## ACTIVITY 2: KINDNESS PAPER CHAIN

### WHAT YOU NEED

Construction paper strips, pencils, and tape or stapler

### WHAT YOU NEED

- Give kids two or three paper strips and a pencil.
- Encourage the kids to write down a way they could show kindness to a friend or family member this week—one example per strip.
- Let each kid read what they wrote.
- Use the tape or stapler to connect each paper strip to create a kindness paper chain.

### WHAT YOU SAY

“You came up with some great ideas! This week, I want you to go out of your way to be kind to your family and friends. Think about Ruth and Boaz and how kind they were—even when it wasn’t easy. When you find yourself getting annoyed or frustrated or impatient with your parents or sister or best friend, stop and think, ‘How can I choose kindness right now?’ Maybe that will lead you to do exactly what you wrote on your paper strip. Maybe choosing kindness will be something completely different that you haven’t thought about, yet. But you can ask God to help you show your family and friends how valuable they are and to be kind to your family and friends.”