

KIDZ ROCK ONLINE

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Cheer Each Other On

AT HOME ACTIVITIES



TODAY'S HOPE IN THE FAMILY ACTIVITIES

HEY FAMILIES!

This week, let's ask God to help us not just show kindness, but to think about extra ways we can help, serve, and love the people around us. Why? Because that's what God has done for us! He sent JESUS, His one and only Son, so that we could be forgiven. Talk about extra! And because God loves you THAT much, we can show others that same love when we choose to do more than we have to do.

PRAY TOGETHER

"Dear God, thank You for choosing to be kinder than You had to be by sending Your only Son, Jesus. This week, when we're tempted to just get by and do a little, help us remember how much You love us and to go the extra mile and do MORE to show kindness to the people around us. We love You, God. In Jesus' name we pray, amen."



ACTIVITY 1: EXTRA MILE TIC-TAC-TOE

WHAT YOU NEED

Bean bags or similar sized object for throwing, sheets of paper, marker

WHAT YOU DO

- On each piece of paper, write one of the following in large block letters: TEACHER, FRIEND, SISTER, PARENT, NEIGHBOUR, CLASSMATE, GRANDPARENT, BROTHER, GROCERY STORE CASHIER
- Lay down each of the pages into the form of tic-tac-toe grid—three pages by three pages. Tape it down, if possible to do so. Tape a starting line about four feet from the tic-tac-toe board.
- Explain that your child & yourself will take turns tossing a beanbag onto the grid to land on a page. Whoever tossed the beanbag will then give one example of how they would show “Extra Mile Kindness” to the person on the page.
- The first person to get three in a row, wins! Play another round or two, as time and interest allow.

WHAT YOU SAY

“You gave some AWESOME examples of ways you can be kinder than you have to be to the people around you. When it comes to kindness, think about that word ‘extra.’ What can you do to be ‘extra’ kind? How can you go above and beyond what’s expected to really make someone’s day?”



ACTIVITY 2: MEGAPHONE MILEAGE

WHAT YOU NEED

“Megaphone Mileage” Activity Page, scissors, markers, colored pencils, and clear tape

WHAT YOU NEED

- Allow kids to color and decorate their megaphone. Encourage them to draw or write one way they can be kinder than they have to be.
- Remind the kids that we can always go the extra mile by being kinder than we have to be.
 - When they see something that is wrong, they can go the extra mile & speak up.
 - When a teacher needs help carrying something, they can help & enlist a friend to help, too.
 - When a neighbor falls off his bike, they can help him up & go find an adult to help.
- Guide kids to cut out & finish decorating their megaphones.

WHAT YOU SAY

“You guys are SO loud, but also so insanely KIND! The things you said about being kind blew me away. Sometimes, it can be hard to go the extra mile or think of something we can physically do for others, but something we can ALWAYS do is go the extra mile with our words. That is one way you can all be kinder than you have to be.”

MEGAPHONE MILEAGE

