

KIDZ ROCK ONLINE

MAY 23



AT HOME ACTIVITIES



TODAY'S HOPE IN THE FAMILY ACTIVITIES

HEY FAMILIES!

Training the body is definitely beneficial and GOOD for us. But as our verse reminds us, being godly, growing in faith, has even greater benefits! One way we grow in faith is by making a commitment to practice talking about God.

PRAY TOGETHER

“God, thank You for reminding us this month that following You takes practice! There is always something new to learn about You. Help us talk to the people we trust who follow You when we have questions. Help us have the courage to share what we do know about You—about how much You love us—with our friends who don’t know much about You. You are an awesome God. Thanks for this small group where we can learn more and more about You. In Jesus’ name we pray, amen.”



ACTIVITY 1: STOCKING WORDS

WHAT YOU NEED

"Stocking Words" Activity Page, Bibles, stockings, tennis balls, and cups

WHAT YOU DO

- Help kids look up and read 1 Timothy 4:8 together. Reread the last part "... and the life to come."
- Talk about how:
 - Last week we learned that living a godly life helps you in your life.
 - But this part of the verse tells us that it will also help us when we will live with God in heaven.
 - This is our prize for running the race and practicing what matters most—life forever with God because of what Jesus did for us by dying on the cross.
- Place a tennis ball in the foot of each stocking leg.
- Place one phrase or word from the Activity Page under its own cup.
- Line the cups up on the other side of the room. Spread the cups about a foot from each other.



ACTIVITY 1: STOCKING WORDS

WHAT YOU DO (CONTINUED...)

- Direct the kids to run down to the line of cups and try and knock over a cup by turning their back to the cups and swinging the stocking and tennis ball between their legs.
- When they knock over a cup, instruct them to take the cup, the word under the cup, and the stocking back to the start line.
- Once they have all of their phrases, encourage them to put the phrases in order, then jump up and shout the completed phrase.

WHAT YOU SAY

- “That was a pretty silly game, but you did an awesome job! Tennis balls and cups were flying everywhere! It sure is amazing to think that all the practicing we have talked about isn’t just important now, but it will be important when we are in Heaven forever with God. I am so excited to continue to practice talking about God with everyone I know.’

STOCKING WORDS

to come.

And the

nest
notes
the
boy

life



ACTIVITY 2: LET'S TALK TO GOD

WHAT YOU NEED

"Discussion Generator Cube" Activity Page

WHAT YOU DO

- Let the kids take turns rolling the cube and asking the question it lands on.
- Give several kids time to share their answers to each question.
- If a kid rolls the cube and it lands on a question you've already discussed, let them roll again.
- Continue until all questions have been discussed.

WHAT YOU SAY

"Just like you discuss things in class at school to help you grow in your understanding, we can talk about God as we learn to follow Him. It's one big way to grow our faith. We can also talk about God to the people around us who don't know much about Him! You can share what you know. You can invite them to church. Telling others about God helps you grow to know Him more, too."

DISCUSSION GENERATOR CUBE

WHAT IS
SOMETHING GOD
HAS GIVEN YOU
THAT YOU ARE
THANKFUL FOR?

WHY DO YOU THINK
JESUS WANTED
HIS FRIENDS TO
KNOW WHO HE IS?

TELL THE GROUP
ABOUT A TIME YOU
KNEW THAT GOD
LOVED YOU.
WHAT HAPPENED
TO SHOW YOU THIS
WAS TRUE?

WHAT IS ONE
THING YOU LOVE
ABOUT GOD?

ANSWER?
HOW WOULD YOU
SAY THAT I AM?"
YOU, "WHO DO YOU
IF JESUS ASKED

WHAT IS
SOMETHING YOU'VE
LEARNED ABOUT
GOD IN OUR
SMALL GROUP?