

# KIDZ ROCK ONLINE

AUGUST 15



**PRESS ▶ PLAY**  
GET IN THE MIX

AT HOME ACTIVITIES



# **PRESS ▶ PLAY**

## GET IN THE MIX

### **TODAY'S HOPE IN THE FAMILY ACTIVITIES**

#### **HEY FAMILIES!**

**Our memory verse this month says that God will complete the good work He started in us. This means that He has plans for you and me that He wants to accomplish. His plans are good and perfect. It's one reason why we need to stay focused on Jesus, so He can help us make wise choices and avoid distractions. I can't wait to see the plans God has for you!**

#### **PRAY TOGETHER**

**"Dear God, thank You for always being with us and keeping Your promises. Please give us the strength to avoid the distractions we identified so we can focus on Your Son, Jesus. We want to see our lives, fears, and problems the way You see them so we can have the confidence to make wise choices and live the way You want us to. We want to stay focused on Jesus. We love You, and we ask these things in Jesus' name. Amen."**



# PRESS PLAY

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## ACTIVITY 1: MEMORY VERSE TOSS

### WHAT YOU NEED

“Memory Verse Phrases” Activity Pages, Bible marked at Philippians 1:6, bean bags, masking tape

### WHAT YOU DO

- Split your group into two teams.
- Set out the “Memory Verse Phrases” cards on the floor in a grid pattern, one grid for each team.
- Tape a line a couple of feet away from each team’s grid.
- Instruct the teams to line up behind their tape line.
- Give each team a bean bag.
- Once all cards have been collected, ask them to put the phrases in memory verse order.
- The first team to get their verse in order, wins!
- Read the verse together one more time for review.



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## WHAT YOU SAY

**“We can put all our confidence, all of our trust in Jesus! He is strong and steady. No problem is too big for Him. He will help us trust Him every day as we remember to stay focused on Jesus!”**

Being confident  
of this,

1

that he who  
began

2

a good work

3

in you

4

will carry it

5

on to  
completion

6

until the day

7

of Christ Jesus.

8

Philippians 1:6,  
NIV

9



# PRESS ▶ PLAY

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### ACTIVITY 2: DISTRACTIONS

#### WHAT YOU NEED

Paper clips, index cards, cups, water, paper towels squares, pens

#### WHAT YOU DO

- Give each kid a cup filled with water and a paper clip.
- Instruct the kids to drop the paper clip in the water and observe
- Ask the kids to share why they think the paper clips sank.
- Ask the kids to think about their answer to this question: What are some things that can keep you from focusing on Jesus?
- Give kids a moment to think of two things that could keep them from focusing on Jesus and write down two of their ideas on the index card.
- Give each kid a new paper clip and a paper towel square.
- Ask the kids to imagine that the paper towel represents their distractions.
- Instruct the kids to place the paper clip on top of the paper towel square.
- Guide them to gently place the piece of paper towel, with the paper clip on top, in the water and observe what happens. (The paper towel will sink, and the paper clip will float.)



# PRESS PLAY

## GET IN THE MIX

### ***Why this works:***

***If you drop a paper clip in water, the paper clip sinks. But if you put the paper clip on a piece of paper towel, after about 30-45 seconds the paper towel will sink and the paper clip will float. This is because water particles are attracted to each other in all directions, making them “stick” together. However, because there are no water particles above them, the water particles at the surface “stick” only to particles next to and below them. This makes the surface act as if it has a thin “skin.” This is called surface tension. The paper towel helps you lower the paper clip onto the surface gently without breaking the surface tension.***

### **WHAT YOU SAY**

**“Just like the impossible happened with the paper clip, the impossible happened when Peter stayed focused on Jesus. He was able to walk on water! But he started to sink when he focused on the storm instead of Jesus. There are so many things in our lives that can distract us from staying focused on Jesus every day. It’s so important to learn how to stay focused on Jesus during those times. It not only changes how you live your life every day but also how you see the hard things you face in life. It will give you the confidence to make wise choices so you can deal with them the way God wants you to.**