

# KIDZ ROCK PRESCHOOL HOME ACTIVITY

## AUGUST 22

Bottom Line:

I can trust God.

**PRESS ▶ PLAY**

Memory Verse:

“Trust in the Lord  
with all your heart.”

PROVERBS 3:5, NIV

### HEY FAMILIES,

Today, we'll make a list of things that protect us and help keep us safe. Maybe it's wearing your seatbelt in a car, holding a grown-up's hand when you cross the street, wearing a helmet when you ride your bike, brushing your teeth, wearing a jacket in the cold, wearing a life jacket in water . . . there are lots of things that protect us and keep us safe. Trusting God and going His way is like wearing armor that protects us!

### PRAY TOGETHER!

“Dear God, thank You for all of the things we have that protect us from getting hurt. Things like (read the list the children made). Most of all, thank You for the special armor You give us when we trust You and go Your way. I pray that (name each child) will trust You with all of their heart so they can stand strong. We love You, God. In Jesus' name, amen.”

# ACTIVITY 1: SHIELD DOT-TO-DOT

**What You Need:** “Shield Dot-to-Dot” Activity Page, cardstock, and washable non-toxic markers

**What You Do:**

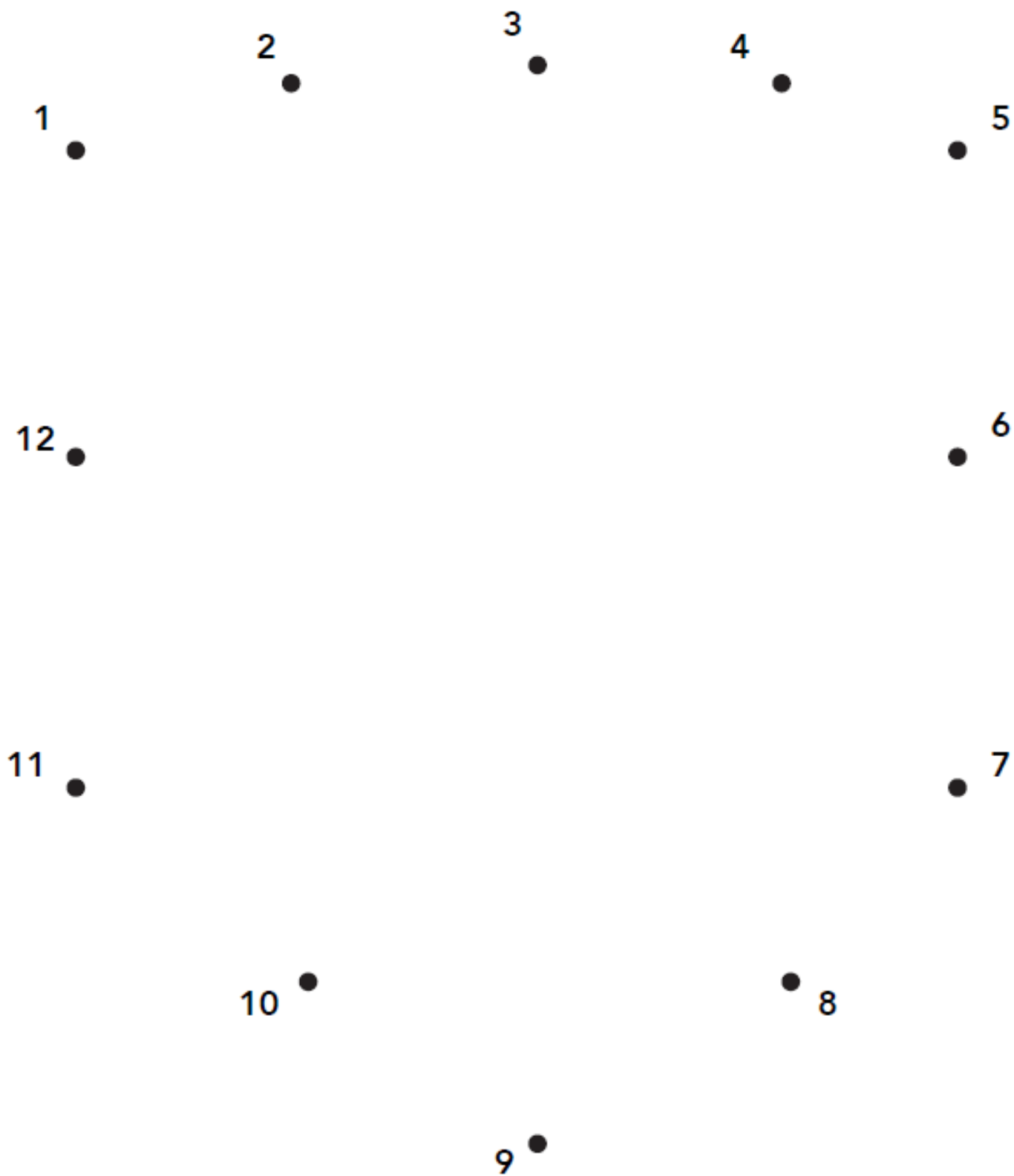
Copy “Shield Dot to Dot” Activity Page on cardstock, one per child. Set the pages and markers on the table. Encourage the children to use the markers to connect the dots on their page. Identify what they see (a shield) and talk about how soldiers use shields to protect themselves. Point out the Bottom Line on the page and review together. Encourage the children to color their shields.

**What You Say:**

“What do you see? (Pause.) Yes, it’s a shield! Soldiers hold shields in front of them like this (demonstrate holding a shield in front of your chest) to protect themselves and stand strong! God helps us stand strong, too! When we trust God, it’s like holding up a shield to protect us from danger. We can always trust God. Tell me, who can trust God? I can trust God.”

“Trust in the Lord  
with all your heart.”

PROVERBS 3:5, NIV



**I can trust God.**  
*Armor of God • Ephesians 6:10-17*

## ACTIVITY 2: HELPER PUZZLES

**What You Need:** : “Helper Puzzles” Activity Page, cardstock, and scissors

**What You Do:**

Copy “Helper Puzzles” on cardstock and cut on dotted lines, one of each puzzle per activity. Keep each puzzle separate.

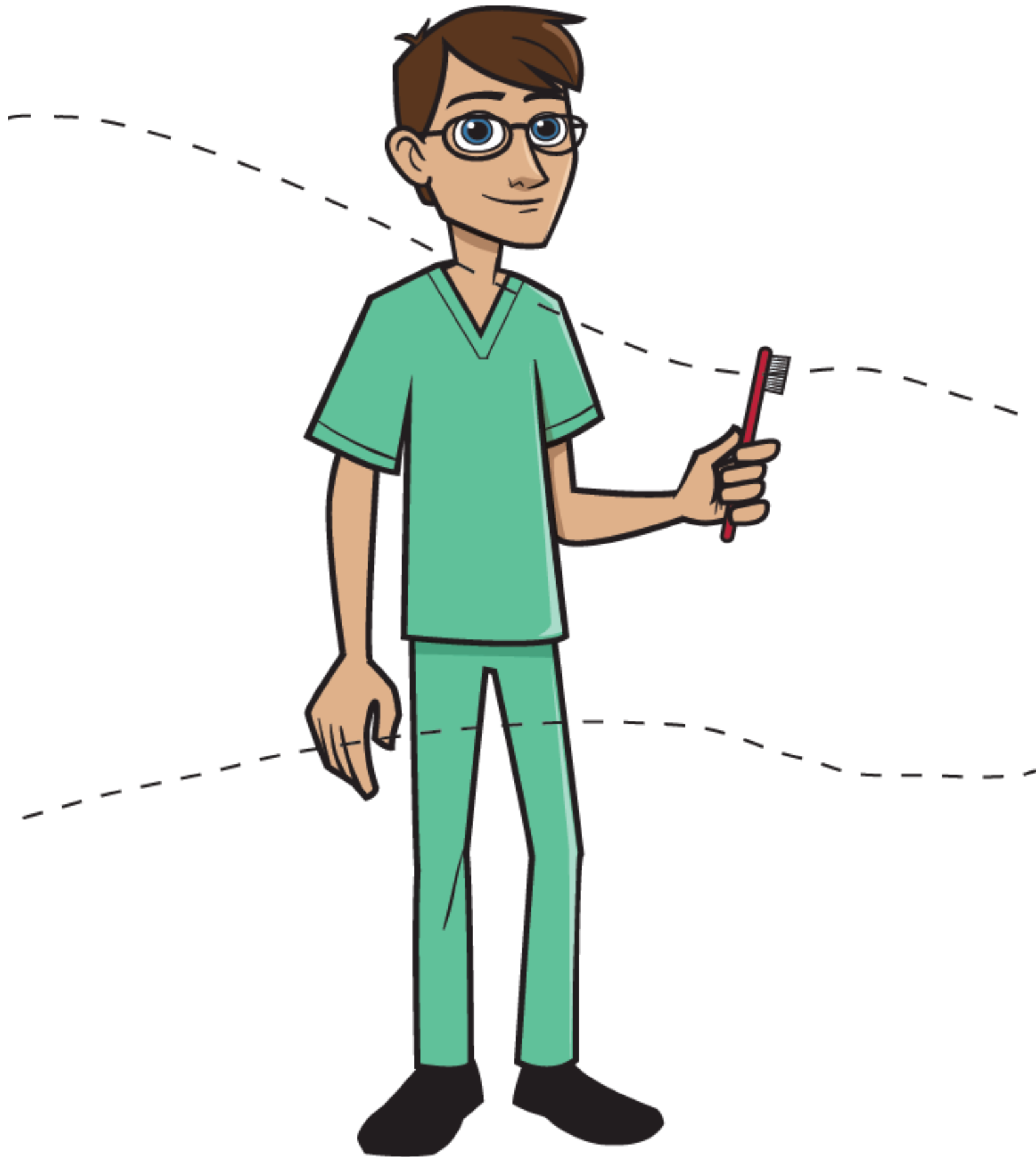
Place each puzzle in pieces on a table or floor in the activity area. Help the children put each puzzle together. Talk with the children about how each person in the puzzle is wearing something that helps them do their job. Talk about the soldier in detail.

**What You Say:**

“There are different helpers on our puzzles. Let’s keep working and find out who they are! (Do activity.) I see a [names of helpers] and a soldier! All of these people are helpers and wear things that help them do their jobs! The soldier wears armor to protect him. Can you show me the armor that he’s wearing?” (Finish activity.)

“Trust in the Lord  
with all your heart.”

PROVERBS 3:5, NIV













# AUGUST 2021

## Memory Verse Motions



**"Trust in the Lord**



**with all**



**your heart."**



**Proverbs 3:5**

# PRESS ▶ PLAY