



First, watch  
this week's  
video!

**Make Waves:**  
What you  
do today  
can change  
the world  
around you

### Memory Verse

"God began a good work in you. And I am sure that he will carry it on until it is completed. That will be on the day Christ Jesus returns."

Philippians 1:6, NIV

### Bible Story

City on a Hill  
Matthew 5:14-16

### Key Question

How can you show God's goodness to others?

Use this guide to help your family learn how God's Spirit can help us "make waves."

## Activity

### Different Dictionary

#### What You Need:

Note cards, writing utensils

#### What You Do:

Write down the following words on a note card, one word per card:

- sunshine
- phone
- watermelon
- people
- gift
- beach
- puppy
- joy

Shuffle the cards and divide them between you and your child.

Say, "We're going to write definitions for the word goodness on the back of each of these cards that have random words on them. The challenge is that we must include our random word in the definition while still coming up with a clear and accurate definition." Create an example card and share it first, to help your child get started.

When you're both finished, share your definitions.

Say, "There are lots of ways to demonstrate goodness. Could we actually use any of the examples on these cards to show the goodness of God to others?"

## Talk About the Bible Story

What does it look like for a kid your age to be a light shining for Jesus?

What are some ways that we "hide" our light? *(When we don't act like Jesus; when we don't take the chance to share with others that we follow Him)*

When is it easier for us to hide our light rather than shine? *(Sometimes it's easier to do the wrong thing and just go along with the crowd.)*

Where do you see God's goodness in your life right now?

What would you say motivates you the most to reflect God's goodness to others?

Who benefits when we live out God's goodness?

*Parent: Talk about a time when someone showed God's goodness to you. Maybe they were patient and kind in a difficult situation, said something kind when others were being unkind, or sat quietly with you when something heavy was going on.*

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, we know that everything good comes from You. Show us the many ways You are good to us . . . and help us, in turn, to reflect Your goodness to others. Thank You for the Holy Spirit that You have given to those who trust in You. Through Your Spirit, help us spread a wave of goodness that reaches out to those around us. In Jesus' name, amen."