

First, watch  
this week's  
video!

**Make Waves:**  
What you  
do today  
can change  
the world  
around you

### Memory Verse

"God began a good work in you. And I am sure that he will carry it on until it is completed. That will be on the day Christ Jesus returns."  
Philippians 1:6, NIV

### Bible Story

Jesus and the  
Little Children  
Mark 10:13-16

### Key Question

Why is it sometimes hard to be gentle?

Use this guide to help your family learn how God's Spirit can help us "make waves."

## Activity

### Gentleness Is . . .

#### What You Need:

Bag of large marshmallows

#### What You Do:

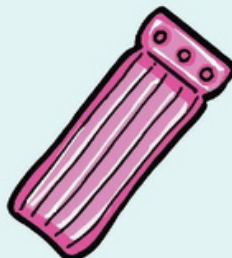
Find a hard surface to play on, like a table or the floor. Tell your child that you're going to create a marshmallow wall.

Say, "Marshmallows are a 'gentle' snack, aren't they? They're soft and fluffy. Let's build a marshmallow wall together. We'll take turns stacking marshmallows to create a wall. Every time we place a new marshmallow, we have to complete the sentence, 'Gentleness is . . .'"

Take turns stacking marshmallows and sharing what you think gentleness is. If you run out of things to say about gentleness, switch to:

- ▶ "Gentleness is not . . ."
- ▶ "Gentle things/people/animals are . . ."

When you're finished, say, "Marshmallows may be 'gentle,' but this wall we've built looks pretty strong. We can be both gentle and strong with the way we treat others."



## Talk About the Bible Story

Who did Jesus invite to come to Him? (*the children*)

How did Jesus' invitation show that He is both gentle and strong? (*Jesus treated children like they're important to Him; Jesus is powerful enough to do anything, but He still took the time to pay attention the children and show them they were important and valuable to Him.*)

Why is gentleness actually a strength? (*It shows that we're concerned about others, not just ourselves.*)

When is it difficult to use gentle words?

Can you think of someone you know who's a good example of gentleness? How so?

*Parent: Tell your child about a time when you were going through something hard and feeling sad a lot of the time, and a friend was gentle with your feelings and kind to you.*

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, Jesus gave us a great example of gentleness with the way He treated the little children in our story today. Jesus was concerned for the children. He cared about them, even though the disciples would have chosen to send them away. Help us to remember that, to You, EVERY person is valuable and loved. As we go through our week, remind us to live with gentleness. Let our gentle actions and words make a difference in the world around us. In Jesus' name, amen."