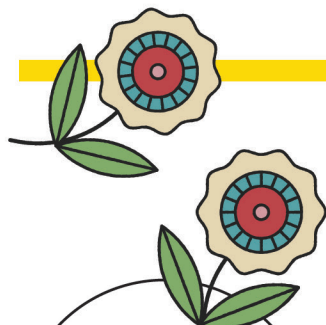


# Community Garden: Growing from the ground up



**First, watch  
this week's  
video!**

**Humility:  
Putting others  
first by giving up  
what you think  
you deserve**

### Memory Verse

"Don't do anything  
only to get ahead.  
Don't do it because  
you are proud.  
Instead, be humble.  
Value others more  
than yourselves."  
Philippians 2:3, NIV

### Bible Story

Palm Sunday /  
Jesus Washes His  
Disciples' Feet  
John 12:9-16; 13:1-17  
(Matthew 21:1-11)

### Key Question

When has someone  
put you first?

Use this guide to help your family learn  
how God can help us have humility.



## Activity

### Feet Art

#### What You Need:

Two white sheets of paper; pencils

#### What You Do:

Invite your child to do an activity  
with you. Give them a sheet of paper  
and a pencil, and take a sheet of  
paper and pencil for yourself.

Say, "We're going to draw a portrait of  
each another. While you're working,  
I'll be working. We can't reveal our  
artwork until we're finished. Oh, and  
by the way, we're doing a portrait of  
each other's FEET!"

Remove your shoes and socks, and  
have your child do the same. Sit on  
the floor and sketch each other's feet.  
While you're sketching, review the  
Bible story.

## Talk About the Bible Story

Why don't we usually pay attention to someone's  
feet? *(Because they're typically seen as either gross,  
or something you don't pay attention to.)*

When Jesus washed His disciples' feet, how did that  
demonstrate putting others first? *(It was an act of  
service that He did for them.)*

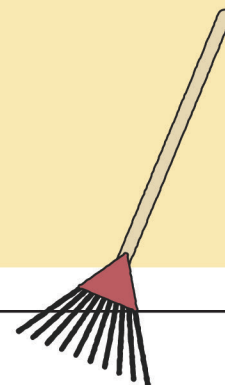
How have you put someone first recently?

We naturally tend to think of ourselves first. What can  
we do to get in the habit of thinking outside of ourselves  
and seeing where we can put others first?

Why do you think some people are easier to put first  
than others?

Why do you think it's so hard to put others first?

*Parent: Share a personal story about a time when  
someone put you first. How did it feel?*



## Prayer

Use this prayer as a guide, either after talking about  
the Bible story or sometime before bed tonight:

"Dear God, thank You for Jesus' example of humility.  
Jesus put His friends first when He could have asked  
them to serve HIM. Show us how we can put others first  
the way You do. In Jesus' name, amen."