



Use this guide to help your family learn about friendship.

First, watch  
this week's  
video!

Friendship:  
Using your  
words and  
actions to show  
others you care

### Memory Verse

"A friend loves at all times. They are there to help when trouble comes."  
Proverbs 17:17, NIV

### Bible Story

David and Mephibosheth  
1 Samuel 19-20;  
2 Samuel 9

### Key Question

Who is a friend you can trust?

## Activity

### Promise Keeper / Promise Weeper

#### What You Need:

No supplies needed

#### What You Do:

Invite your child to play a game.

Say, "I'll read you a list of promises. If you think the promise is one you could keep to a friend, say, 'Promise keeper!' If it's a promise that you probably could NOT keep to a friend, say, 'Promise weeper!' Ready?"

Read the list of promises below. Allow your child to respond, "Promise keeper," or, "Promise weeper," after each one.

#### Promises:

- I promise to be a good listener.
- I promise to only hang out with you and no one else.
- I promise to always keep your secrets—even the serious ones.
- I promise to give you the best birthday gift, every year.
- I promise to pray for you.
- I promise to show you kindness.
- I promise to apologize when I hurt your feelings.
- I promise to cheer you up when you're feeling down.
- I promise to never miss a single game, event, or performance you are in.
- I promise to always agree with everything you say.

When you're finished, say, "Some promises are easier to keep than others! Remember, keeping your promises helps build trust between you and your friends. It also helps your friendship grow."

## Talk About the Bible Story

How did David keep his promise to Jonathan in our story today? (*David kept his promise to always be kind to Jonathan and his family, by being kind to Mephibosheth.*)

Who is a friend you can trust?

How do you know you can trust them?

Has a friend ever broken a promise they made to you? How did that make you feel?

Why is it important to keep our promises to our friends?

*Parent: Tell your child one way that you'll keep a promise to a friend this week, whether by keeping a promise to call them on the phone, go to lunch together, or go for a walk together.*



## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, You always keep Your promises. You show us what it means to be a good, faithful friend. Help us to be a family of promise-keepers. Help us to be true to our word so that our friends will know they can trust us. We love You! Amen."