



Uganda
Trip Information
SEPT 28-OCT 14, 2024



CHURCH OF THE ROCK

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THE PURPOSE OF THE TRIP

The purpose of the trip is to send a short term mission team to Uganda in Fall 2024 where you will get learn about yourself and to learn how to give of yourself and serve others. You will be equipped and grow empowered to advance God's Kingdom and share and live out the gospel with the people of Uganda. Years of hardship have prepared the hearts of the Ugandan people, and they are hungry for the truth of Jesus Christ.

You Will Work Hard, Pray Loud and Come Home a Different Person

The communities we serve will be in rural communities in Africa. A short-term mission is not easy but you will gain more passion for serving those in need, and practical skills for reaching out to your community.

Who knows, the life you change just might be your own!

You must be at least 16 years old to participate if accompanied by a parent, or 18 and over and have a Valid Canadian Passport.

WHAT WE WILL DO

We will be working with local pastors while in Uganda. There will be a variety of different ministry opportunities during this trip. Some of these could include:

Working with Africa Renewal Ministries (Wentz Medical Clinic) to provide medical services to various communities in Uganda. This may include helping with various parts of the medical clinic and interacting with the local people.

Door to door ministry, inviting people and children to ministry programs held during the evenings or afternoons. It could also include prayer and ministry to people on the streets, witnessing, and evangelism.

Children's Program could include performing skits, puppets, mimes, testimonies, Biblical sharing, or songs. The team will also be preparing a variety of games, activities, skits, puppets, possible crafts, object lessons, etc. to perform while there. We will be working through interpreters for these programs.

We will attend nightly church services while in Uganda.

WHERE WE WILL GO

Team members will be flying as a team into Entebbe Uganda. From here the team will depart to the ministry destination.

Map of Uganda



GENERAL ITINERARY

The itinerary will be forwarded to team members once finalized.

An example of the daily itinerary on medical clinic days is below:

6:00 am – Meet for team devotions, testimonies.
7:00 am – Board bus to leave for the medical clinic
5:00 pm – Board bus to return to hotel
7:00 pm – Supper

RECRUITMENT AND SELECTION

Applications are reviewed on an individual basis.

Church of the Rock will notify each applying individual, either verbally or by e-mail, as to the status of their application.

Applications will be considered according to the following guidelines:

- ◆ Candidates will be chosen by the leadership using the following as general criteria, though exceptions may be made depending on circumstances:
 - Completion of the Foundations of the Rock course
 - Completion of Plan to Protect course and volunteer background checks
 - Involvement in Church of the Rock ministries and volunteer opportunities
 - Spiritual maturity of the individual
 - Unique or special ministry gifting needed by the team for the specific nature of that team's activities
 - The individual's leadership activity within the person's own church
 - Whether the individual is in good standing with the leadership of the local church to which he/she attends
 - Flexibility for a particular individual to participate in another group at another time
 - Whether the individual is a faithful financial supporter of the local church to which he/she attends
 - Suitability of the candidate for the nature of the team's ministry
 - The ministry locations might be primitive, therefore mature believers with good physical stamina and constitution will be needed.
- ◆ Individuals with compulsive behavior such as smoking, alcohol, drug or substance abuse, pornographic or immoral tendencies should refrain from participating in the mission's trip.
- ◆ Individuals with specialized, different, or abnormal eating habits, or allergies should notify the group leader and **note special dietary needs on their medical form**. We have limited ability to accommodate specific diets.

- ♦ Mission trips are designed for the team members to be ministering outwardly to those around us. Therefore, team members should be prepared to give of themselves in ministering spiritually, praying, sharing Scriptures, building, or helping with projects, carrying or sorting and cleaning dishes or preparing food, etc. These opportunities to serve are not to be seen as times for receiving counselling, direction, etc. from the people we are working with. This is not a vacation but a time of service to the Kingdom of our Lord.

PASSPORTS

A valid **CANADIAN** passport is necessary for each team member to obtain Visas and for entrance into Africa. Parents or guardians of minor's (under age 18) will need to complete and sign the Letter of Consent for Travel Purposes for Underage Child.

The passport expiration date must be later than **6 months after the return date of the trip.**

TRIP AND PERSONAL FINANCES

Cost

Each team member is responsible for raising a maximum **\$4000.00** CDN to cover the cost of their portion of the trip. This covers their personal food, lodging, transportation, travel insurance and meals, throughout the 15 days of the mission trip.

Opportunities for fundraising will be available to assist in travel costs. See below for further details.

Vaccinations

Vaccinations for each team member are included in the above cost. Receipts must be submitted in order to be reimbursed for these expenses. It is required that the team member first check with their medical benefit provider to confirm if their vaccinations are covered. If the plan doesn't cover them, we will ask for receipts as well as plan rejection details.

It is recommended that the following vaccinations be obtained:

- Yellow Fever (Required)
- Tetanus/Diphtheria
- Hepatitis A
- Malaria Medication (Recommended medication is Malarone)

Please note that these are the only vaccinations that will be covered. If you choose to get additional vaccinations, this will be at your own expense.

Spending money

Personal spending money for snacks, gifts, souvenirs, entertainment, medication, clothing, etc. is left to the discretion of each individual. Arrangements will be made with the team to bring personal spending money. There will be time in the trip to purchase souvenirs or gifts. Remember certain articles are prohibited from entry back into Canada. Alcohol and tobacco products **are not allowed** to be purchased.

Medical and Travel Insurance

Church of the Rock will purchase individual travel insurance for the duration of the time away for all mission trip participants.

DONATIONS

Charitable Donation Receipts for eligible donations over \$10.00 will be issued by the end of February of the following year. (We cannot process cheques that include the team members' names on them.)

*The donated funds will be used to cover expenses related to this mission trip. Any excess funds will be used at the discretion of Church of the Rock to carry out similar functions and purposes.

FUNDRAISING

Some fundraising will be done through Church of the Rock to help cover some of the trip expenses. All team members are encouraged to participate in these events. Events will include bake sales and hot dog sales.

LODGING & MEALS

During the time in Uganda, lodging will be provided in hotels.

- Safe bottled drinking water or boiled water will be obtained locally
- Meals will be eaten in restaurants or as provided by local people

At times, living conditions may be similar to that of the local people and so may be quite rustic compared with North American standards. We will try not to jeopardize health conditions.

SAFETY CONCERNS

Certain areas of Africa can be experiencing political unrest. We will try not to be ministering in such areas, but there is always the possibility of unexpected situations arising.

Do not leave passports, cameras, electronics, money, etc. in your motel room, or leave them openly visible (and unwatched) when in ministry or leisure opportunities. This may present an unnecessary temptation to the people in the area.

CULTURE AND SCENERY

Though this is not a sightseeing or a wildlife expedition trip, there will be opportunities as we work with local Christians and as we travel to various regions to experience the culture of Uganda and to see the nature of the geography and climate. The team will experience different lifestyles and different foods. We will see poverty and simple living and our own values will be challenged.

LANGUAGE

The Ugandan people speak a variety of local dialects, but Uganda was under British rule till 1962, when it became an independent nation. As a consequence, most people understand some English, so common conversation can be done with English, though for many it is not their native language. Ministry times may be done working through translators to help the local people better understand what is communicated. In the rural areas there will not be a lot of English speaking individuals.

TEAM SIZE

The team size will consist of approximately 12 people.

WILLING HEART

One of the purposes of this trip is to learn about yourself and to learn how to give of yourself and serve others. You may be asked to do things that are a little uncomfortable for you. Allow this trip to be a way to broaden your horizons of ministry, keeping your heart and attitude towards serving God and being available to find a need and fill it.

Each trip is unique in what experience it provides. One trip may have many salvations, one might have more opportunities to work with children or youth, and another may plant seeds of love that bear forth fruit in latter times. We need to be available to serve in whatever ways that are available and leave the results up to God. Our key is to be faithful to the Lord and let Him do as He wishes, within us and around us.

There will be a regular daily devotion time each morning as time permits. These devotions will consist of sharing by one or two people, singing songs and times of prayer. Team members will be asked to share devotional thoughts based upon experiences that they have had while on the trip, personal testimonies, scriptures that have been meaningful to the person. Team members will be asked to participate in the prayer time which might focus upon the ministry and work opportunities of the day, situations that happened, healing of team members, etc.

Scan code to apply to be part of the Uganda Fall 2024 team.



<https://churchoftherock.gomethod.app/public/missions/36317/signup>

Thank you for prayerfully considering being
a part of this short term mission trip!